Age Guidelines:
- Volunteers must be at least 14 years old
- All volunteers under 18 must be accompanied by a parent or guardian who actively volunteers
- Teens 14-17 must volunteer with their parent or guardian.

Time commitment:
- Minimum of 2 hours the first time you volunteer. This includes your training time.
- Once you have been trained, your volunteer time is flexible.

Prior Registration:
- All volunteers must pre-register. We do not offer walk-in volunteering.
- New volunteers need to schedule a date and time in advance.
- Fill out our Volunteer Questionnaire to get started

Hours - We are generally open:
- Monday through Thursday from 9am - 4pm
- Extended hours most T/Th from September through May until 5:30pm
- Most Saturdays September through May, 10am - 1pm

Other Volunteer Opportunities
- We offer a range of equally important community and home-based volunteer opportunities and welcome your volunteer assistance!